



STICKY TRICKY TRUTH

worksheet #11 page 1-4

this is what my parents
taught me to be true:

[Check all the stages,
from child up to now, for
all the questions.]

this is what my siblings
taught me to be true:



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this is what my peers
taught me to be true:

this is what my teacher/
boss/supervisor taught me
to be true:



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this is what society and
anyone or anything else
taught me to be true:



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these are the TOP TEN
truths I no longer
believe in:

And this is the TOP 3, this
has to go first: